



APPROVED 2-10-04

KING COUNTY MENTAL HEALTH ADVISORY BOARD

REGULAR MEETING

TUESDAY, JANUARY 13, 2004

EXCHANGE BUILDING, CONFERENCE ROOM 6A

Members Present: Joshua Freed (awaiting Council confirmation), Michael Haan (awaiting Executive's appointment), Howard Miller, Helen Nilon, Jim Nobles, Eleanor Owen, Ron Sterling, Gwendolyn Williams

Members Absent: Jack Fuller (excused), Shauna Cheney (leave of absence), Melody Cecilia James (awaiting Executive appointment - excused), Freda Monroe (unexcused), Clifford Thurston (leave of absence)

Guests Present: Orisade Awodola (board applicant), Linda Brown (KCASAAB), Albert Gallego (board applicant), Beth Hammond (HWSMH), Pam Pratt (board applicant), Silvia Singer (VCCC), Darcell Slovak-Walker (Transitional Resources)

Staff Present: Geoff Miller, Rhoda Naguit, Jean Robertson

I. WELCOME & INTRODUCTION

Board Chair Howard Miller convened the meeting at 4:40 p.m. and asked everyone to introduce him/herself.

Howard expressed appreciation to his vice chair, Ron Sterling, for an outstanding performance as acting board chair during his absence. He also thanked the board members and Division staff for their thoughtfulness. He appreciated the phone calls, email messages, flowers, and "Get Well" cards sent to him while recuperating from heart surgery.

II. MINUTES

Howard noted an error on Roman numeral on page 3 from the November 9, 2003 meeting minutes. A motion was made and seconded to approve the minutes from the November 9, 2003 board meeting as corrected. The motion was approved unanimously.

Likewise, there is a Roman numeral error on page 2 from the December 14, 2003 board minutes. In addition, a minor correction was noted on page 3 under V. Staff Report, second paragraph on Item B, where "m" was missing on the word "meeting." A motion was made and seconded to approve the minutes from the December 14, 2003 board meeting as corrected. The motion was approved unanimously.

III. CHAIRMAN'S REPORT

A. Introduction of Board Applicants

Howard Miller welcomed Orisade Awodola and Alberto Gallego, who were separately interviewed by the Nominations Committee prior to the regular board meeting today. Decision on their board application will be made at the next meeting of the Nominations Committee.

B. New Standing Committee

Howard presented a letter from the Quality Council recommending that the Board establish a new committee to be called the Recovery Initiatives Committee (RIC). The creation of this new committee is in response to King County Council Ordinance #13974, which requires the King County Mental Health, Chemical Abuse and Dependency Service Division to submit an annual report. The committee will focus on the recovery model and may propose revisions to the ordinance to the County Council.

Helen Nilon made a motion, which was seconded by Eleanor Owen, to amend the board bylaws to reflect the inclusion of the Recovery Initiatives Committee as a board standing committee. The motion was approved unanimously.

Howard appointed Eleanor Owen to serve as chair of this committee. He asked her to draft a letter advising the community and the King County RSN about the creation of this committee.

C. Nominations Committee Update

Howard informed the board that he has appointed Helen Nilon as chair of the Nominations Committee. Helen amiably accepted the appointment.

D. Request for Leave of Absence

Melody Cecilia James' request for leave of absence will be voted on at the executive session on February 10, 2004 prior to the regular board meeting.

E. Removal of Member

Howard stated that a letter was sent to Freda Monroe on December 18, 2003 via certified mail, return receipt requested to notify her of corrective action which must take place if she wishes to prevent further action to remove her from the board. Corrective action required attendance at the January 13, 2004 meeting and strict

compliance with board bylaws regarding attendance. It was clearly stated in the letter that failure to attend the January 13, 2004, meeting or to communicate with the board about her intentions would result in a removal hearing. Her absence at today's meeting and her non-communication with the board leave no other recourse than to hold a removal hearing regarding her case.

Ron Sterling made a motion, which was seconded by Helen Nilon to convene a hearing to remove Freda Monroe from the board on March 9, 2004 prior to the regular board meeting. The motion was approved unanimously.

IV. COMMITTEE REPORTS

A. Legislative Advocacy & Public Affairs Committee

Eleanor Owen summed up the evaluation of November 18, 2003 legislative forum. Chiefly, the committee was disappointed by the low turnout.

For future forums, the following will be considered for implementation:

- Interaction with Legislators: Provide more opportunities for legislators to interact with the public.
- Geographic location: Evaluate selection of event location. Discuss pros and cons of holding the event outside of the Seattle area.
- Time Management: Consider inviting the League of Women Voters to manage the time.
- Additional Membership: There is a need to expand legislative committee membership.

There was also a discussion to determine whether to have a forum next year or not considering the staff cost and other expenses incurred to put this event together. The committee will solicit input from legislators to determine if this type of forum is helpful to them and if they have other suggestions to make the forum more appealing for legislators to participate.

B. Nominations Update

Rhoda Naguit reported that the nomination packets for Michael Haan and Melody Cecilia James have been forwarded to the King County Executive for action.

Carolann Freedman, a candidate for board membership, has just turned in her board membership application packet. Rhoda has forwarded her application to the Nominations Committee for review.

C. Quality Council

Ron Sterling passed out a draft of a proposed QC Forum, which contained a brief background, a proposed title, primary and secondary missions, and proposed format and needs. This document was sent to local NAMI groups. Ron will be meeting with NAMI-South King County and Mike Rynas of NAMI-Eastside on January 14th. NAMI-Central Southeast has not responded to QC's letter to date.

The QC will continue its membership recruitment efforts.

In December 2003, the QC received a letter from Amnon Shoenfeld, MHCADSD Director, regarding case manager turnover. QC plans to continue to reach out to case managers. Ron is considering setting up a message board to provide opportunities for case managers to interact with each other electronically.

V. STAFF REPORT – Jean Robertson

A. Medicaid Integration Project Update

Jean Robertson stated that the RFP for the Medicaid Integration Project that went out last month has a huge financial impact on Snohomish County. The North Sound RSN will lose approximately \$8 to \$11 million as a result of this project. DDD and Long Term Care will be excluded from this project for the first year.

B. Western State Hospital Census

Jean passed out copies of the 2004 WSH Census for King County, showing the number of clients over and under census. She stated that each RSN is capped, which is a challenge for RSNs. King RSN has been consistently over our cap since December 2003, which has resulted in payment of liquidated damages to the state.

C. Center for Health Care Strategies

King RSN has been invited to participate in a two-year federal grant-funded project to develop best clinical and administrative practices for serving severe emotionally disturbed youth in a managed care environment.

D. Longitudinal Study

Copies of the Longitudinal Study were distributed to the board members for future discussion.

Jean recommended inviting the division's statistician, Marla Hoffman, to do a presentation at the next board meeting. Since she conducted the data analysis and

wrote this document, she will be able to answer any questions the board might have regarding the study.

E. Annual Suicide Report

Copies of the Suicide Study for 2002 were distributed. Victim names were obtained from the King County Medical Examiner and looked up in the Extended Client Locator System (ECLS). A set of questions was answered based on the information taken from ECLS and/or the Crisis and Commitment Services clinical files.

Jean noted that the division has knowledge of 47 of the 198 individuals who committed suicide in King County. Of the 47 persons for whom we have information, twenty were treated by an outpatient provider, thirteen by the Crisis Triage Unit, seven by hospital, four by Crisis and Commitment Services, and three by "next day appointment." It was noted that there were four persons who committed suicide within a week after being discharged from the hospital. Eleanor asked Jean to find out how long those that committed suicide were hospitalized before their release.

F. Telesage Outcome Project Update

The Telesage Outcome Project is in the process of implementation. The first training in King County was held last week for management and clinical level staff. This project will have some impact on case managers who will need to assist clients to complete the survey on admission, at three months, and every six months thereafter. There is a version for adults, youth, and for parents of children under 13. Participants can fill out the survey by email, phone, or written. A Spanish version of the survey is only available by phone. Currently, the survey is not available in any other languages, including TTY.

Jean will provide a copy of the surveys next month.

VI. EXPANDED COMMUNITY SERVICES PROJECT

Jean introduced the presenters – Beth Hammond of Highline West Seattle Mental Health, and Darcell Slovak-Walker of Transitional Resources.

Beth thanked the county and the Division for their support and assistance in this project. She went on to give a brief history of the Expanded Community Services. This project was jointly implemented by Highline West Seattle Mental Health Center and Transitional Resources last year. The goal is to move clients from Western State Hospital to the community and assist them in reaching their own chosen level of independence, and if possible, in re-engaging with their family members as part of the treatment team.

The model used in this project involves intensive case management, not based on traditional residential model. To date, 35 clients have been successfully moved from Western State Hospital to the community. ECS secured homes in the community to house their clients. Each home has a kitchen, living room, bathrooms, decks and yards. Each person has his/her own room. There are five to six people per house unit. There is a staff available to the clients for 24 hours a day, 365 days a year. Case managers are assigned per unit.

Beth and Darcell described the level of intensity and individual wraparound service provided for their clients, which makes their program different from others in the community.

Client characteristics include: fourteen with legal history, 24 violence, nineteen substance abuse, two sexual assault, and two with over twenty years at Western State Hospital (WSH). Most had long term hospitalizations at WSH or 25 or more hospitalization.

Eleanor asked about client's recidivism. To date, there has been no assault, no suicide attempt, one client is in school, one client is preparing for work, and four are doing volunteer work. Most of their clients have demonstrated an increased in their independence, e.g., feeling comfortable talking to staff, taking showers, and preparing their own meals.

Howard inquired if medical staff is provided in their facility. Beth responded in the affirmative. They have one nurse, one psychiatrist, one dentist, one doctor who sees clients once a week and one dietitian who works with clients with a medical problem.

How much is the cost per client per year to be in this program? It is between \$120 to \$125 per day, which includes program, start up cost, board and room, and intensive care (outings, additional staffing, triage and medical). Clients pay their own utilities and part of rent.

The continued funding of this program will depend on the legislature.

VII. LIAISON REPORTS

- **Eleanor Owen: Partnership Group**

Eleanor gave a report on the latest Partnership meeting. Among those topics discussed at the meeting included the implementation of a department-wide standardized format for 2004 contract and RSN's handling of non-Medicaid services next year.

- **Howard Miller: Downtown Emergency Service Center**

Howard reported that, as of December, 2003, the agency shows a budget deficit of \$449,297, which is expected to be made up through increased fundraising efforts in 2004. The budget is essentially steady, with the exception of a new outreach/housing program for behaviorally disabled folks affected by AIDS.

Bill Hobson, DESC Director, and Graydon Andrus attended a Substance Abuse and Mental Health Services Administration conference in Phoenix. The agency received very positive recognition at the conference. Graydon accepted an exemplary service award on behalf of DESC and the HOST program, one of six such awards given in 2003. Bill Hobson gave a presentation on the Lyon Building, another on housing for substance abusers not in recovery, and he served as one of the members of a three-person team that did a four-hour training session for state PATH program coordinators. DESC was also featured in a SAMHSA publication on strategic partnering to build successful programs for hard-to-serve clients. The six-page document is part of a training kit that SAMSHA staff provides to communities interested in developing plans to address chronic homelessness.

- **Helen Nilon: Seattle Mental Health**

Report to be presented at the February 10, 2004 board meeting.

- **Gwendolyn Williams: Therapeutic Health Services**

There was no THS board meeting due to the snowstorm last week.

Gwen informed the board that there is an African-American Psychiatrist Group that she would like to recommend to do a presentation before the board. Howard asked her to submit her request with accompanying information about the group. This request will be presented to the Executive Committee for review and approval.

- **Jim Nobles: Chronic Population Action Council (CPAC)**

Jim asked to be excused earlier due to his work schedule. Report to be presented at the next board meeting.

VIII. BOARD AND COMMUNITY CONCERNS/NEW BUSINESS

Proposed agenda for the February 10, 2004 board meeting:

- Discussion on Meeting Content
- Presentation on Longitudinal Study - Marla Hoffman
- Coverage for Non-Medicaid eligible clients— Jean Robertson

There will be an executive session on February 10, 2004 at 4:00 pm to vote on the nomination of Orisade Awodola and Alberto Gallego for board membership.

There being no further business, the meeting was adjourned at 6:35 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Howard Miller
Board Chair